

And There You Glow

SKIN CARE INSTRUCTIONS

Instructions: use morning and night, twice daily

Cleanser

Apply one pump and mix with a bit of water and wash face and neck twice daily. Also removes eye make-up.

Toner

2-3 sprays all over face and neck twice daily.

Eye Serum

Apply one pump, dab between index fingers and gently spread around eyebrow and under the eye twice daily. **Not** on the eyelid.

Moisturizer

Apply over face and neck twice daily. **Not** on the eye area. Its best coverage is when your toner is still slightly damp on your skin.

MICRODERM ABRASION

Use 2-3 times a week depending on your skin type.

Cleanse first. Use a dime size amount and apply over the face, neck and gently over your lips.

Always use sunblock on top of your moisturizer.

Always use the spatula; it prevents contamination of the product.

www.andthereyouglow.ca